

CRAFT OF ZEN I

Essentials of Meditation

JAN

Sun, 11 | 10am MT
Public Lecture

FEB

Sun, 01
10am MT
Public Lecture

Tues, 17
7pm MT
Opening Lecture
and Q&A

Tues, 24
7pm MT
Lecture and Q&A

MAR

Tues, 03
7pm MT
Lecture and
Q&A

Tues, 10
7pm MT
Lecture and
Q&A

Tues, 17
7pm MT
Lecture and
Q&A

Tues, 24
7pm MT
Lecture and
Q&A

APR

Tues, 01
7pm MT
live session

Tues, 08
7pm MT
live session

Tues, 15
7pm MT
live session