

# KURSPLAN

<b>MO</b>	9-9:45 <b>REHASPORT</b>	10-10:45 <b>REHASPORT</b>	11-11:45 <b>REHASPORT</b>	15-15:45 <b>REHASPORT</b>	16-16:45 <b>REHASPORT</b>	17-17:45 <b>PRÄVENTION</b>	18-18:45 <b>LES MILLS LMI STEP</b>	19-20 <b>SPINNING</b>
<b>DI</b>	9-9:45 <b>REHASPORT</b>	10-11 <b>FIT IM ALLTAG</b>	11-11:45 <b>REHASPORT</b>	15-15:45 <b>REHASPORT</b>	16-16:45 <b>REHASPORT</b>	17-17:45 <b>BALANCE</b>	18-18:45 <b>LES MILLS BODYPUMP</b>	
<b>MI</b>	9-9:45 <b>REHASPORT</b>	10-11 <b>KRAFT</b>		15-15:45 <b>REHASPORT</b>	16-16:45 <b>REHASPORT</b>	17-17:45 <b>REHASPORT</b>	18-18:30 <b>JUMPING</b>	18:30-18:45 <b>BAUCH + RÜCKEN</b> 19-20 <b>LES MILLS LMI STEP</b>
<b>DO</b>	9-9:45 <b>REHASPORT</b>	10-10:45 <b>REHASPORT</b>	11-12 <b>BALANCE</b>	15-15:45 <b>REHASPORT</b>	16-16:45 <b>REHASPORT</b>	17-17:45 <b>REHASPORT</b>	18-18:45 <b>LES MILLS BODYPUMP</b>	
<b>FR</b>	9-9:45 <b>REHASPORT</b>	10-10:45 <b>REHASPORT</b>				17-17:45 <b>LES MILLS BODYATTACK</b>	17:50-18:20 <b>BAUCH + RÜCKEN</b>	18:30-19:30 <b>SPINNING</b>
<b>SA</b>								
<b>SO</b>		11:00-12:00 <b>LES MILLS BODYPUMP</b>						

IN UNSERER PRAXIS ERHALTEN SIE TERMINE FÜR  
PHYSIOTHERAPIE INNERHALB VON 1 WOCHE!

