

# LIVATY

Lume & Care



## USER MANUAL

Cosmetic wellness LED device with serums

TRANSLATION OF THE ORIGINAL INSTRUCTIONS FOR USE (GERMAN)

BEMER Int. AG | Austrasse 15 | LI-9495 Triesen | [www.bemergroup.com](http://www.bemergroup.com)  
Tel.: +423 399 39 99 | Fax: +423 399 39 98 | Date: 08.2025

## TABLE OF CONTENTS

Welcome	04
Scope of delivery	05
General safety information	06
Contraindications	07
Light sensitivity self-test	08
Areas of application	09
Operating the LIVATY Lume	11
Recommended application	12
Helpful tips for best results	14
Charging	15
Cleaning instructions	16
Troubleshooting	17
Warranty conditions	18
Technical specifications	19
Description of symbols	20

# HELLO!

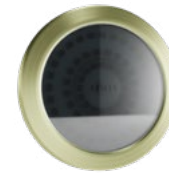
Thank you for choosing the LIVATY Lume & Care Set. These instructions for use will walk you through each step, making it easy to enjoy all the features of your LIVATY Lume with confidence. Our goal is to make getting started as simple and smooth as possible.

Please take a few moments to read these instructions for use carefully before using your LIVATY Lume for the first time. This will help ensure everything runs smoothly, prevent any mishaps – and guarantee full warranty coverage for your device.

We hope you enjoy discovering and using your LIVATY Lume!

*The original language of these instructions for use is German.*

## SCOPE OF DELIVERY



**LIVATY Lume**  
(REF 425000)



**LIVATY Lume Clutch**  
(REF 455500)



**LIVATY Lume Goggles**  
(REF 455900)



**LIVATY Lume Qi-Charger**  
(REF 445000)

Figure 1: The LIVATY Lume with accessories



**Early Care Serum**  
(REF 465111)



**Recovery Serum**  
(REF 465131)



**Timeless Skin Serum**  
(REF 465121)

Figure 2: The LIVATY serums



## GENERAL SAFETY INFORMATION

These instructions for use describe how to operate the LIVATY Lume. For details on how to use the LIVATY serums, please refer to the package inserts provided with each serum.

LIVATY products are intended for cosmetic use only and must be used in accordance with these instructions for use.



### Warnings:

1	Do not look directly at the LED light source during use. Keep your eyes closed. For added comfort, wear the included LIVATY Lume goggles.
2	Do not use LIVATY Lume in combination with products such as ointments or medications unless they are specifically approved for this purpose.
3	Implanted medical devices such as pacemakers and defibrillators may be affected by strong magnetic fields. If you or anyone in your household has an implanted medical device or defibrillator, do not place LIVATY Lume near the device. If in doubt, consult the manufacturer of your implanted device.
4	<p>This device contains a rechargeable lithium-ion battery.</p> <ul style="list-style-type: none"><li>• Never open or damage it, or expose it to fire.</li><li>• Keep the device away from direct sunlight and heat.</li><li>• If you notice any unusual signs (e.g., overheating, smoke, or odor), switch off the device immediately and stop using it.</li><li>• Do not dispose of the battery in household waste. Please take the device to an appropriate collection point.</li></ul>
5	Observe the markings on the respective components and do not reach between the upper part of the LIVATY Lume device and the lower housing shell.
6	Always use the USB power adapters recommended in the user manual.
7	Do not use chemical, alcohol-based, or aggressive cleaning agents.
8	Never leave the device unattended while it is switched on. The device must not be used by individuals with reduced physical, sensory or mental capabilities, or by those lacking the necessary experience and knowledge, unless supervised or properly instructed in its safe use. This device is not intended for use by children and must be kept out of their reach.
9	Allow LIVATY Lume to cool for at least 10 minutes between treatments if the ambient temperature exceeds 35°C (95°F).
10	Do not use on sunburned, hypersensitive, or inflamed skin, or if you have a fever.

## CONTRAINDICATIONS

Please do not use the device if you ...

- are taking prescription or over-the-counter medications known to increase photosensitivity (e.g., certain antibiotics, acne treatments, or St. John's Wort)
- have skin conditions that may be worsened by light and/or heat exposure
- have suspicious or cancerous skin lesions
- suffer from photosensitivity disorders or inherited eye conditions
- are pregnant or breastfeeding
- have injured or compromised skin, including: – open wounds – blisters – local inflammation – infections – bruising – tumors

Do not use the device on moles, tattoos, or permanent makeup.

If you have recently undergone any aesthetic or medical skin treatments that may have irritated the skin, we recommend pausing use for at least 72 hours. When in doubt, consult a qualified professional.

If you experience any unusual reactions (e.g., pronounced redness, pain, or a burning sensation), stop using the device immediately.

## LIGHT SENSITIVITY SELF-TEST

This device is designed for use on normal skin.

If you have very sensitive skin, we recommend testing it first on a small area, such as your arm.

If you notice any unusual reactions (e.g., pronounced redness, burning, or itching), stop using the device and, if necessary, consult a healthcare professional.

1. Switch on the LIVATY Lume (two short turns to the left or right).
2. Place the LIVATY Lume on your arm (see *Figure 3*) and carry out one complete 4-minute treatment.
3. After the treatment, check the area visually. If redness is present and persists for more than two hours, this may be a sign of heightened photosensitivity. Please consult a healthcare professional to assess your reaction.



Figure 3: Light sensitivity self-test

## AREAS OF APPLICATION

**LIVATY Lume** is a cosmetic wellness device that supports your daily skincare routine. It features three different light programs, each tailored to the corresponding LIVATY serum, to enhance their cosmetic benefits and elevate your personal care experience. Used regularly, the device may help promote a fresher complexion and a more even skin tone, while also leaving your skin feeling pleasantly supple. For best results, use the device together with the specially formulated LIVATY serums, available exclusively in the LIVATY Set.

The **LIVATY serums** are formulated with carefully selected ingredients and are designed to target specific skincare needs.

### RED Early Care Serum

The RED Early Care Serum is intended for daily use on the face, neck, and décolleté to help soften the appearance of fine lines and early signs of aging. With regular use, it can leave the skin feeling smooth and well cared for, while promoting a radiant, even-toned complexion that looks visibly more balanced.

When used together with the LIVATY Lume light applicator and the "RED" program, the serum can deliver its full cosmetic benefits. The serum supports a refined complexion and a smooth, firm, and well-nourished appearance – even without the use of the LIVATY Lume applicator. Apply morning and evening after cleansing.

The LIVATY RED – Early Care Serum also works as an effective booster as part of your daily skincare routine. Afterward, simply apply your usual skincare products and makeup as normal.





## BLUE Recovery Serum

The BLUE Recovery Serum is formulated for daily use to support a clear, smooth, and even-looking complexion. Apply morning and evening to the face, neck, and décolleté after cleansing.

When used with the LIVATY Lume light applicator and the "BLUE" program, the formula's cosmetic benefits can be further enhanced. With regular use, the serum helps promote balanced, well-cared-for skin, a more even tone, and a radiant, refreshed look – even when used on its own without the LIVATY Lume light applicator.

The LIVATY BLUE Recovery Serum also works as an effective booster as part of your daily skincare routine. Afterward, you can apply your usual skincare products and makeup as normal.



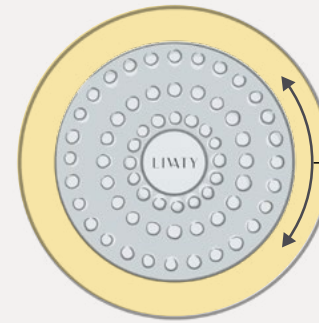
## AMBER Timeless Skin Serum

The AMBER Timeless Skin Serum is formulated to provide daily anti-aging care. Apply morning and evening to the face, neck, and décolleté after cleansing.

When used together with the LIVATY Lume light applicator and the "AMBER" program, the serum can deliver its full cosmetic benefits. With regular use – even without the LIVATY Lume light applicator – the serum helps visibly reduce the appearance of fine lines and wrinkles, leaving skin feeling smooth and promoting a fresher, more youthful-looking complexion.

The LIVATY AMBER Timeless Skin Serum can be used on its own or as an extra layer beneath your regular day or night cream. Afterward, you can apply your usual skincare products and makeup as normal.

## OPERATING THE LIVATY LUME

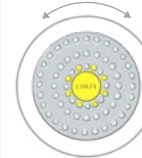


**Control dial**  
(On/Light programs/Off)

1

Turn the control dial once to the left or right (max. 1 second)

1x ON

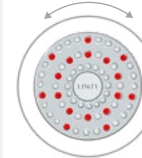


The LIVATY Lume is ready

2

Turn the control dial once to the left or right (max. 1 second)

+ 1x



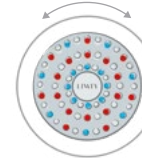
**Lume RED**

LIVATY Lume RED starts

3

Turn it again once to the left or right (max. 1 second)

+ 1x



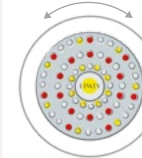
**Lume BLUE**

LIVATY Lume BLUE starts

4

Turn it again once to the left or right (max. 1 second)

+ 1x



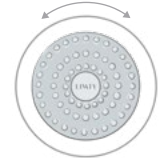
**Lume AMBER**

LIVATY Lume AMBER starts

5

Turn it again once to the left or right and hold briefly (approx. 3 seconds)

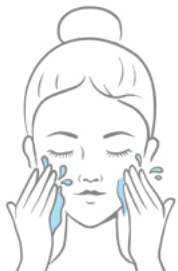
+ 1x OFF



LIVATY Lume enters standby mode

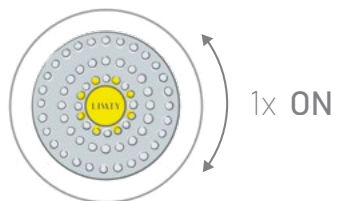
## RECOMMENDED APPLICATION

1



Cleanse your face to prepare your skin for your LIVATY moment.

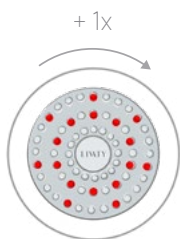
2



Turn the control dial gently to the left or right to switch on the LIVATY Lume - the center light will illuminate. Your LIVATY Lume is now ready for use.

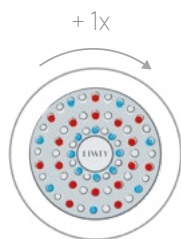
3

Turn the dial again to select the light program that best suits your needs (see "Operating the LIVATY Lume")



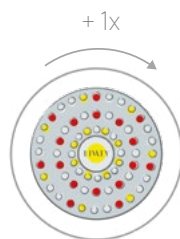
### Lume RED

Visible red light and gentle near-infrared  
**For enhanced vitality and a fresh, radiant glow**



### Lume BLUE

Enhanced with blue light  
**For soothed, balanced skin and an even complexion**



### Lume AMBER

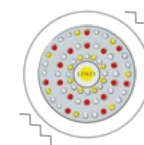
With warm, amber-colored light  
**For silky smoothness and natural luminosity**

4

After selecting your light program, move the LIVATY Lume gently over your face, keeping it in contact with the skin at all times. Spend about one minute on each zone. Spend about one minute on each zone, moving the device in gentle circular motions. After one minute, the device will vibrate softly - time to move to the next zone. After four minutes, the LIVATY Lume will switch off automatically.



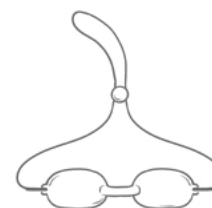
1 min.



4 min.



**Tip:** If you would like to continue the treatment on your neck and décolleté, simply restart the device.



optional

Avoid looking directly into the LED light during use and keep your eyes closed. For added comfort, you can wear the included goggles.

5

Your skin is now perfectly prepared to absorb the serum. Choose the serum that best suits your skin's needs and apply one to three pumps evenly to your face, neck, and décolleté.



SCAN  
FOR INFO



**RED** Early  
Care Serum  
after Lume  
Red

For the first visible  
signs of skin aging



**BLUE**  
Recovery  
Serum after  
Lume Blue

Restores balance to  
stressed skin



**AMBER**  
Timeless Skin  
Serum after  
Lume Amber

For regenerated, young-  
er-looking skin

## HELPFUL TIPS FOR BEST RESULTS

- Use your LIVATY Lume & Care Set twice daily.
- Only apply the Lume to clean, dry skin.
- Do not use the Lume after applying creams that contain sunscreen, as they may reduce the effectiveness of the light treatment.
- For optimal results, always use the LIVATY Lume in combination with the LIVATY serums.
- Clean your Lume after each use (see cleaning instructions).

## CHARGING

The LIVATY Lume contains a rechargeable battery designed to last for approximately one week of use.

- Place the LIVATY Lume on the LIVATY Lume Qi-Charger.
- Plug the USB-C charging cable from the Qi-Charger into a USB-C power adapter (not included), then plug the adapter into a power outlet. Use a USB-C charger that delivers at least 15 watts. Using a charger with a higher wattage will not harm the device – it will only draw the amount of power it needs. Always use a charger from a trusted manufacturer.
- While charging, the battery indicator will pulse with an orange ring. Once fully charged, the ring will glow steadily.



Figure 4: Charging the LIVATY Lume with the LIVATY Lume Qi-Charger

### Tip

The LIVATY Lume can also be charged directly inside the LIVATY Lume Clutch (see Figure 5). To do this, simply place the LIVATY Lume Qi-Charger into the inner pocket of the clutch, then connect it to a power outlet using the USB-C cable and a power supply (not included).

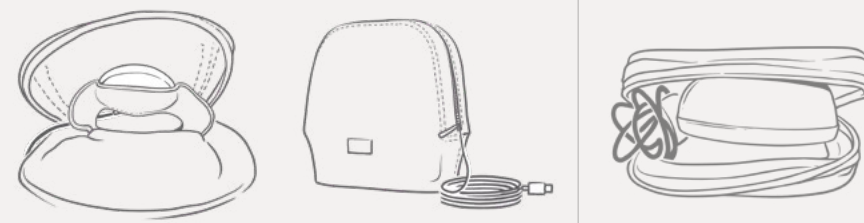


Figure 5: Charging and storing the LIVATY Lume inside the LIVATY Lume Clutch.



## CLEANING INSTRUCTIONS

1

Switch off the LIVATY Lume and, if it is currently charging, disconnect it from the LIVATY Lume Qi-Charger.

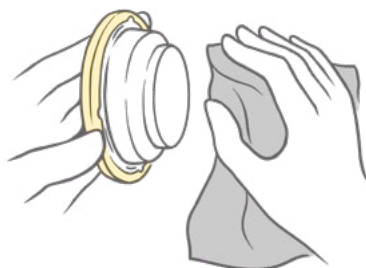
2

Twist the top section of the LIVATY Lume to separate it from the lower housing shell. Overcome the magnetic resistance and gently pull the two halves apart. This allows you to easily access and clean hard-to-reach areas.



3

Wipe down all exterior surfaces of the LIVATY Lume with a damp cloth after each use to remove any skin oil residue. Do not use chemical or alcohol-based cleaning agents on the outer surfaces, as harsh substances may discolor the metal components.



4

Allow the device to dry completely before using it again.

## TROUBLESHOOTING

### The LIVATY Lume won't turn on

- Check that the device is fully charged (the center LED light ring should glow steadily when switched on).

### The device is not charging

- Make sure the LIVATY Lume Qi-Charger is firmly connected to the USB power adapter via the USB-C plug (the LIVATY Lume's status light should blink during charging).
- Ensure the adapter is securely plugged into the wall outlet. If necessary, try a different outlet to rule out a faulty socket.

### The device shuts off abruptly before the four-minute treatment is complete

- The system is designed to switch off automatically after four minutes.
- It may shut off earlier after repeated use if the device exceeds its intended operating temperature. In this case, allow it to cool down for a few minutes, then try again.

### Some lights appear to be off

- Infrared (IR) light is invisible to the human eye. These lights may appear to be off, but they are functioning correctly. As long as the red, visible lights are illuminated, the device is operating as intended.

## NOTE

If the LIVATY Lume can no longer be switched on, place it on the Qi-Charger to initiate a self-test. The device will briefly vibrate and all three light programs will flash once. Charging will then begin automatically. If charging does not start (indicated by a blinking red LED), the device may be malfunctioning. In this case, please contact customer support and, if necessary, send the device in for repair.

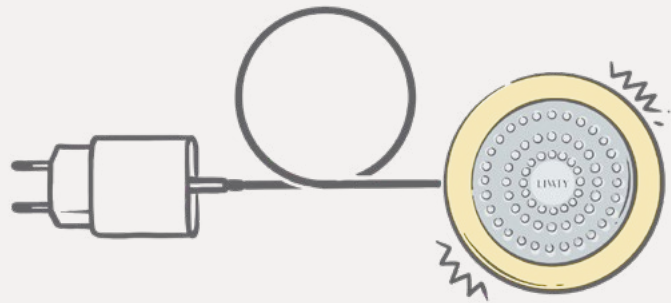


Figure 7: For troubleshooting purposes, the LIVATY Lume can be placed on the LIVATY Lume Qi-Charger. The device will perform a self-test, indicated by a brief vibration and a short flash of all three light programs

## WARRANTY CONDITIONS






When you purchase BEMER products, you are given the opportunity to find out about our warranty terms. You can also view the current warranty terms at any time in the relevant section of our websites.

Your statutory rights in the event of defects are not restricted by our warranty terms; you can therefore assert them free of charge. Consequently, your existing statutory warranty rights in relation to our products shall remain unaffected by our warranty commitment. The manufacturer's warranty terms therefore do not infringe your statutory rights, but rather strengthen your legal position.

## TECHNICAL SPECIFICATIONS

Product designation	LIVATY Lume
Product type	Wellness LED device
Operating voltage (V)	5 V
Max. power (watts)	5 W
Dimensions (L x W x D) in cm	10 cm x 10 cm x 4 cm
Weight (g)	160 g
Type	Portable device
Surface material	Polycarbonate
IP degree of protection	IP65
Protection class (IEC 61140)	SK II
Protection against electric shock	2MOPP Class II
EMC class (CISPR 11:2009)	Class B
Wavelengths and number of LEDs	465 nm +/- 5 Blue (15 LEDs) 590 nm +/- 5 Amber (15 LEDs) 645 nm +/- 5 Red (17 LEDs) 860 nm +/- 10 Infrared (17 LEDs)
Maximum radiant intensity (J/cm <sup>2</sup> ) at the skin surface	Lume RED: 5.0 J/cm <sup>2</sup> Lume BLUE: 2.0 J/cm <sup>2</sup> Lume AMBER: 4.0 J/cm <sup>2</sup> Infrared: 5.0 J/cm <sup>2</sup>
Operating conditions	Intended for home use
Operating environment	Temperature: 0°C (32°F) to 40°C (104°F) Humidity: 15% to 90% Air pressure: 70 kPa to 110 kPa
Biocompatibility	Cytotoxicity tested

# DESCRIPTION OF SYMBOLS

No.	Symbol	Description
1		Manufacturer
2	Degree of protection	IP 65
3		EU conformity marking
4		Article number
5		Refer to the instructions for use
6		Indicates that the user must review the instructions for use with regard to important safety information, such as warnings and precautions.