Yimai TCM spa

MENU



OPEN DAILY

MON-THU FROM 11AM - 8PM
FRI - SUN FROM 10AM - 10PM

PHILOSOPHY

RESTORE BALANCE AND HARMONY

With traditional Chinese touch

Qi (氣) & Xie (血)

In TCM, Xie (Blood) nourishes the body and calms the spirit, flowing in harmony with Qi to sustain life and balance.

Tea

It not only calms the Qi and nourishes the Xie
For us it is also a quiet ritual of healing, reflection, and harmony between nature and self.

Head Spa

Ancient Head Care Ritual
80‘ / 750k

Indulge in the ancient wisdom of Traditional Chinese Medicine with our Ancient Ritual Care — a therapeutic treatment that restores balance, relieves stress, and awakens your senses.

TCM Nourishing Care
100‘ / 850k

Experience the ultimate in relaxation and rejuvenation with our TCM Nourishing Care, a luxurious treatment that nourishes your scalp, calms your mind, and revives your hair from root to tip.

Insomnia Healing
90’ / 800k

Drift into deep relaxation with our Insomnia Healing Head Care, a soothing treatment designed to calm the nervous system, quiet the mind, and promote restful sleep.

Body Massage

Qi Relaxation
70‘/100’/130‘
320k/380k/450k
Warm aromatic essential oils enhance the therapy as your therapist works to ease muscle fatigue, boost circulation, and energize the qi flow

Qi Balance
70‘/100’/130‘
350k/420k/550k
Release deep-seated tension and muscular fatigue with our Qi balance Massage — a harmonious blend of Balinese relaxation and Chinese acupressure techniques. It is designed to target stiffness, tightness, and overworked muscles using long, deliberate strokes and focused pressure.

Acupressure
70‘/100’
385k/455k
Experience the healing touch of Traditional Chinese Acupressure, a therapeutic massage that applies gentle, focused pressure to key meridian points throughout the body. This ancient technique stimulates the flow of Qi (氣) to release tension, restore energy balance, and promote overall well-being.

Tuina
70‘/100’/130‘
385k/455k/585k
Tuina is a traditional Chinese healing massage focused on restoring balance and relieving tension. Using rhythmic pressing, kneading, rolling, and stretching, the therapist works along the meridians and acupressure points to release blockages, ease stiffness, and improve energy flow. This treatment is ideal for muscle pain, fatigue, stress, and restoring overall physical harmony.

Therapeutic Massage

Meridian Glute Activation
60'/90'
385k/450k

The gluteal region serves as the bridge between the upper and lower body, providing a key foundation for movement, stability, and overall well-being. In Traditional Chinese Medicine, this area is closely connected to the flow of Qi (氣) and Blood(血) through important meridian pathways that support the body's balance and vitality.

The treatment helps restore mobility, improve circulation, and create a greater sense of grounding, strength, and connection throughout the body.

Moxibustion

Dampness reduction
15'/30'
180k/280k

A traditional Chinese therapy designed to expel internal dampness, boost yang energy, and restore balance to the body. This treatment uses moxa (艾草) — a warming herb burned near specific acupoints — to stimulate circulation, disperse cold and damp, and support the body's digestive and immune systems. For us islanders, it is essential to reset the dampness within

Womb care
15'/30'
200k/300k

In Traditional Chinese Medicine, the womb is considered the "palace of life"—a vital center of feminine energy. When the womb is cold or stagnant due to stress, fatigue, climate, or menstrual imbalance, it can affect not only physical health but also emotional wellbeing.
This gentle yet powerful ritual uses moxibustion (艾灸)—the warming of key meridian points with mugwort herb—to dispel cold, enhance circulation in the lower abdomen, and nourish the reproductive system.

Add on

Gua sha 120k

- Boost blood and Qi circulation
- Relieve muscle tension and tight fascia
- Support lymphatic drainage
- Release toxins, heat, and internal stagnation

Facial Gua sha 250k

- Lymphatic drainage to reduce puffiness
- Improve blood circulation for healthy glow
- Gently helps absorbing products better

Cupping 150k

- Break up Qi and blood stagnation
- Ease tight muscles
- Support lymphatic drainage
- Relieve stress, fatigue, or chronic pain

Moxa mud body mask 350k

- Warms the channels and activates Yang energy
- Eases muscle tension and fatigue
- Gently detoxifies the skin and lymphatic system
- Supports women’s health, digestion, and emotional balance

Target Treatment

Head/Neck & shoulder
30” 200k
Insomnia Relief / Stress Release / Stiffness
Gentle pressure, rhythmic strokes, and acupressure on sleep-related meridian points help calm overactive thoughts, regulate the nervous system, and encourage natural sleep patterns. Also releases stiffness caused by long hours of work, poor posture, or stress.

Leg Focus
30” 175k
Muscle tightness/ Soreness/ Tension Release
This massage uses firm techniques and specific acupressure along major muscle groups to reduce soreness, support muscle recovery, and restore mobility after exercise, running, or gym workouts.

Ritual Session

Mineral Nourishing
90' 485k

- Foot bath + Foot massage
- 60 mins Qi balance massage
- Moxibustion stone therapy

Good bye Dampness
90' 525k

- Foot bath + Foot massage
- 60 mins dampness cure Acupressure massage
- Cupping + Scalp Guasha

Ancient Flame
90" 525k

- Foot bath + Foot massage
- 60 mins dampness cure Acupressure massage
- Moxa herbal treatment

Yimai Signature
120' 585k

- Foot bath + Foot massage
- 90 mins Tuina signature
- Cupping + herbal heating pad

TCM beauty

Lift & Glow

75' 500k

- Foot bath + Foot massage
- Facial guasha
- Scalp guasha
- Head neck and shoulder massage