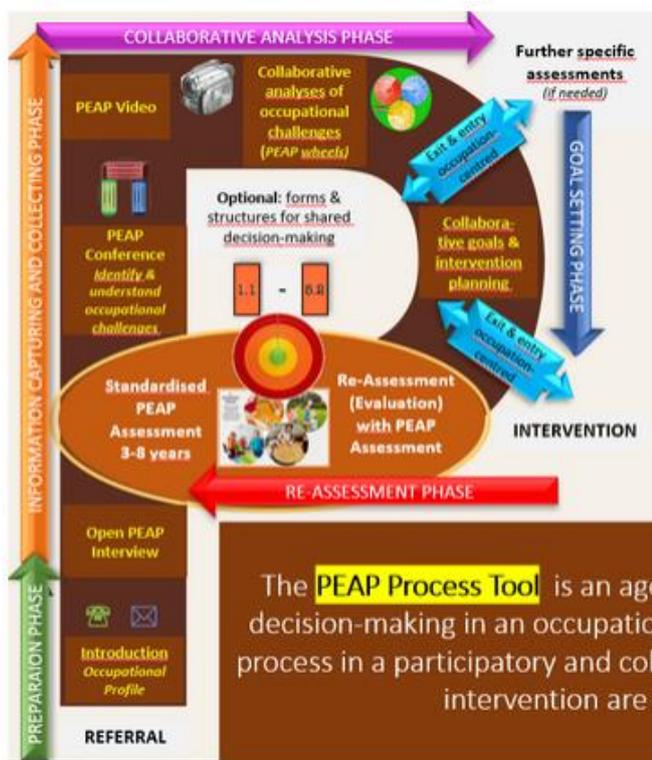


INTRODUCTION TO THE PEDIATRIC ERGOTHERAPEUTIC ASSESSMENT AND PROCESS TOOL (PEAP)

EXCERPTS FROM PRESENTATION AT THE WFOT CONGRESS IN BANGKOK 11. February 2026

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How do we capture the occupations of increasingly diverse children in different age groups in an rapidly growing complex and digitalising world in a standardised, evidence-yielding manner using an occupation-centred approach, whilst being relationship-focused and discovering the unique needs and aspirations of the child, parents and teachers in a shared decision-making process?



PEDIATRIC ERGOTHERAPEUTIC ASSESSMENT & PROCESSTOOL (PEAP)

The **PEAP Assessment** is a standardized and validated instrument for the multi-perspective evaluation of the occupational status of children aged 3 to 8 years and changes over time.

The status of age-typical occupations is captured from the **perspectives** of the child, the parents/guardians, educators, and therapists, and the **importance of change** is systematically recorded.

The **PEAP Process Tool** is an age-independent assessment companion for shared decision-making in an occupation-centred approach. It accompanies the entire OT process in a participatory and collaborative manner whereby diagnostic process and intervention are seen as an inseparable continuum.

ASSESSMENT = Standardised multi-perspective construction of the OCCUPATIONAL STATUS across different life spaces



Kraus & Romein developed the PEAP in Germany since 2007 and it is used by occupational therapists in German speaking countries since 2013.

The current PEAP Version 2.5 is presently revised to embrace diversity, digitisation of occupations, more recent OT terminology and models and improve usability in Version 3.0, and for this there will be a digital version: **PEAP digital**

PEAP 3.0 Occupational fields in different life spaces

The classic OT domains “productivity – self care – leisure/play” are replaced by 4 everyday lived realities with 12 occupational fields (OF) (instead of 15).

Four age-typical *lived realities* with 3 occupational fields

5-6 yrs

Play & Learn

- OF 1 Play on own
- OF 2 Build & create
- OF 3 Use pencils, books & numbers

Interact & use technology

- OF 4 Play together
- OF 5 Talk, listen & understand
- OF 6 Use technology & social media

Live in different places

- OF 7 Take part in family life
- OF 8 Tak part in (pre)school life
- OF 9 Move between places

Care for body

- OF 10 Eat & drink
- OF 11 Care for body
- OF 12 Rest & sleep

DOING ↔ BECOMING ↔ BELONGING ↔ BEING



Standardised PEAP Rating Scale

(How well? Child-Parent-Teacher & Therapist perspectives)

I -	Able to do it really well: The child performs task (almost) always easily and without (any) difficulty
+ II -	Able to do it quite well: The child performs task (usually) quite easily and with minor (occasional) difficulty or assistance
+ III -	Has some difficulty doing it: The child performs task seldom or partially, (mostly) with difficulty and requires some assistance
+ IV	Unable to do it: child has great difficulty task and is (mostly) unable to perform it independently or without assistance.

There are 4 main categories with the option to use + or - → 10 categories

	4	3	2	1
5-6 year olds				
Importance	<i>very important</i>	<i>important</i>	<i>a bit important</i>	<i>not important</i>

Use of chick eggs to capture motivation for change
(How important? Child-Parent-Teacher perspectives)



Physical test material to support the rating process by haptic experiences and make it more fun

Summary of special features of the PEAP

HOW?



Capturing **occupational status** at participation level, top-down & occupation-centred

Assessment + Process Tool for **shared-decision-making**



WHAT?

Systematic contextualisation of occupations in different lived realities



Standardised & reliable **Assessment** of child's age-typical occupations (3-8 yrs)

Multiple perspectives (self- & external assessments by child, parents, teachers, therapist)



Re-assessment of occupational status → practice-based evidence

Collaborative & relationship-focussed approach with C-P-T Group



Digitisation using a PEAP App for scoring & documentation)



Processtool provides ideas, structures & forms for the entire therapy process